

So You Want To Be Happy 😊

Did you know there is a whole science devoted to understanding how to be happy?

What's more, we can use that understanding to make changes that lead to much more everyday happiness!

Do you want to know what those changes might be, and how to make them?

New Class Starts Tuesday 6/17/2014 6:30-8:30pm
5-weeks of education and practice in the

*Art and Science of **Being Happy***

(6/17, 6/24, 7/1, 7/22, 7/29 with optional 6th class 7/15)

Bring a friend!

Tuition \$250

**For more information, please contact
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